PE Year Overview

Year 10 & 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Summary	Tennis	Badminton	Basketball	Table Tennis	Cricket	Rounders
Intent	Our Tennis curriculum develops students' hand-eye coordination, agility and tactical awareness through a range of individual and competitive activities. Students build confidence in serving, rallying and shot placement while learning the importance of resilience, sportsmanship and strategic decision-making.	Badminton provides students with opportunities to develop speed, coordination and reaction time. Through skill-based practices and game situations, students learn to apply tactics, improve movement around the court and demonstrate respect, fairness and perseverance.	Basketball aims to develop teamwork, communication and decision-making skills while enhancing physical fitness. Students learn fundamental techniques such as passing, dribbling and shooting, alongside offensive and defensive strategies, promoting confidence and collaborative learning.	Table Tennis encourages students to refine their hand-eye coordination, concentration and precision. Through progressive skill development and competitive play, students gain an understanding of spin, control and tactical awareness while fostering resilience and self-improvement.	Cricket enables students to develop a broad range of physical, social and tactical skills. Through batting, bowling and fielding activities, students learn the value of teamwork, communication and strategic thinking while developing confidence and responsibility within competitive environments.	Rounders promote teamwork, cooperation and decision-making in an engaging and inclusive setting. Students develop batting, fielding and game awareness skills while learning how to apply tactics, communicate effectively and demonstrate respect for others during competitive play.