## **Core PE Learning Journey**



## The purpose of the Core PE curriculum:

ronment.

enquiry, Creative Expression, Un-

derstanding of the

World around us

- -To enable pupils to become more competent, confident and expert in their techniques, to apply them across a range of activities.
- Pupils will develop an understanding of what makes a performance effective and be able to apply this to their own and others work.
- Deliver a holistic approach to understanding the health benefits of physical activity and promote lifelong involvement.

Core PE makes sports accessible for everyone, whether you're a seasoned athlete or a brand new beginner, there is something for everyone in these lessons.

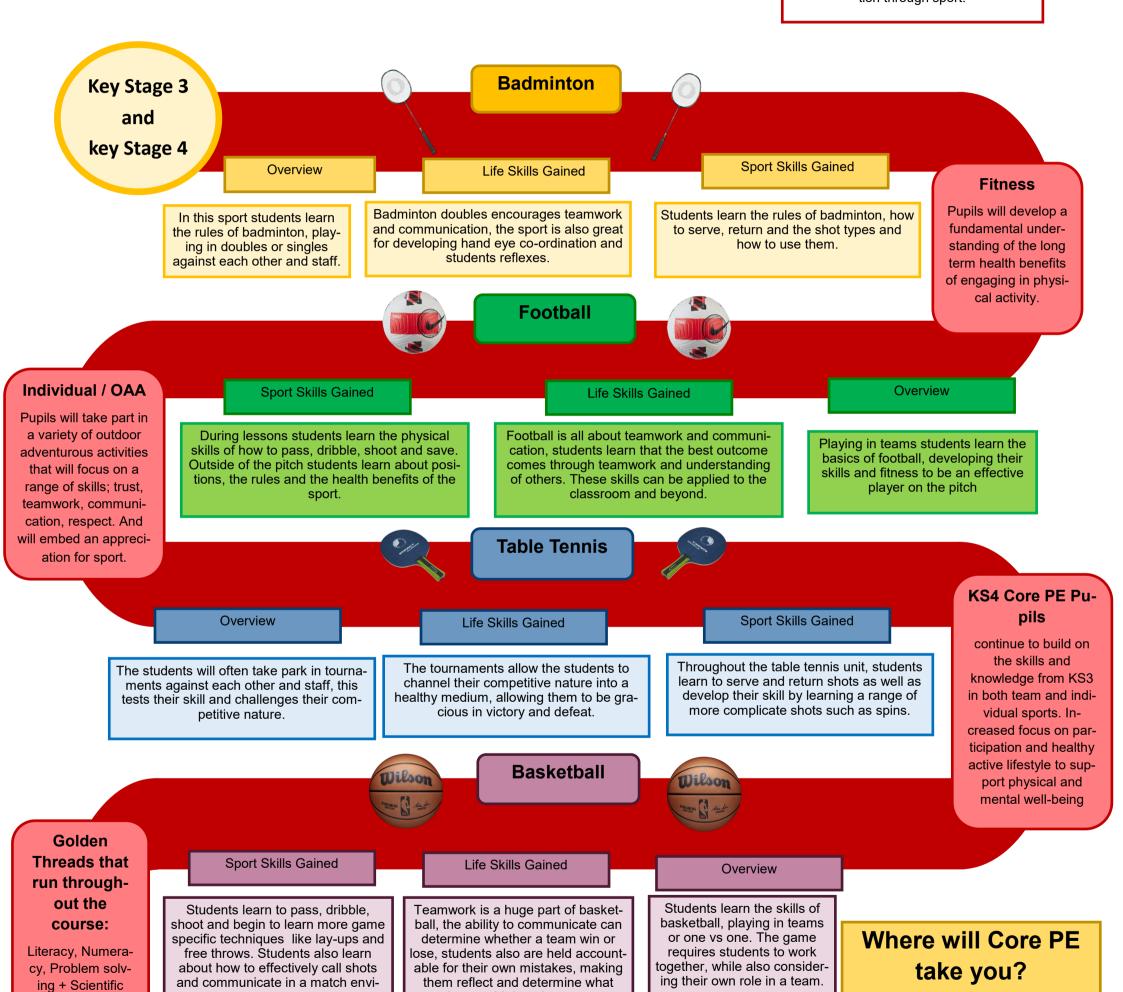
Working through different sports, students will begin to develop skills both relevant to that sport and useful in the wider world, allowing them to become better team players, and learn the skill of communication through sport.

**Next Steps:** 

BTEC in PE at Olive Academy

**Further Education:** 

Degree in Sports Science, Activity
Leadership, Leisure Operations
Management
Careers:
Sports Coaching, Personal Trainer, Sports Therapist, Leisure Management.



they could do to improve.